

# GOD EMPOWERS

*Choose to open your eyes to possibilities and take action*

A possibility mindset means that you allow yourself to explore, to see what is possible, and this allows you to transition from what you can see right in front of you, to having hope and courage, which means that, even though you are afraid of the uncertainty, you're still moving forward.

When you're following God always has a solution to any problem, and that belief gives you the motivation, ideas, and energy to move forward with confidence in the God who is guiding you.



## 1. Explore

**The heart of the discerning acquires knowledge, and the ear of the wise seeks it out. Proverbs 18:15**

Reflect on all the things you think you lack, or that seem out of reach for you.

Maybe you believe daily workouts, financial freedom, having a consistent devotional time, or losing weight are just not possible. Maybe it is that side business idea that you've been dreaming about.

Write down these scarcity thoughts inside the "Impossible plant pot". Imagine this as taking a mint plant and putting it inside the plant pot so it doesn't spread out ruining your garden.

**IMPOSSIBLE PLANT POT THOUGHTS**

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## 2. Experiment

**Test all things. Hold fast to what is good.**  
**1 Thessalonians 5:21BSB**

First, choose one of the thoughts you recognized and planted on your 'Impossible plant pot'. Then, think about what are the one or two steps that you can experiment with this very week, to start fostering a possibility mindset.

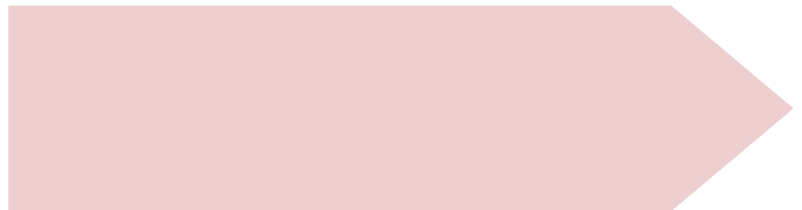
Once you choose the one to two steps think about how and when are you going to make them happen.

IMPOSSIBLE THOUGHT

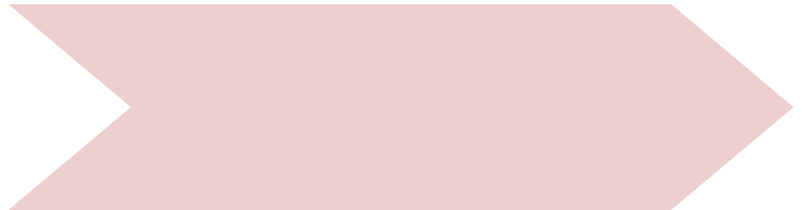
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STEP 1



STEP 2



## 3. Enhance

**For this very reason, make every effort to add to your faith virtue; and to virtue, knowledge; and to knowledge, self-control; and to self-control, perseverance; and to perseverance, godliness; and to godliness, brotherly kindness; and to brotherly kindness, love.**

**2 Peter 1:5-8BSB**

Write down on one side what worked, and on the other side what didn't. Then, decide if you want to continue exploring those actions or if you have some other ideas that might work

WHAT WORKED



WHAT DIDN'T

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“HOW CAN I CONTINUE TO MOVE FORWARD TODAY?”

Large light blue rounded rectangular box for writing an answer to the question: “HOW CAN I CONTINUE TO MOVE FORWARD TODAY?”

“WHAT IS POSSIBLE FOR ME TODAY?”

Large light blue rounded rectangular box for writing an answer to the question: “WHAT IS POSSIBLE FOR ME TODAY?”

NOTES

Large light blue rounded rectangular box for taking notes.

